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Health Psychology: An Introduction to Behavior and Health ...

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Amazon.com: Health Psychology: An Introduction to Behavior ...

After becoming interested in the emerging field of health psychology, Brannon and co-author Jess Feist (late, of McNeese State University) co-authored the first edition of this text in the 1980s. They enjoyed expanding and developing the text along with the field for more than two decades.

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About This Product. For over 20 years, HEALTH PSYCHOLOGY: AN INTRODUCTION TO BEHAVIOR AND HEALTH has remained a leader in the field for its scholarship, strong and current research base, and balanced coverage of the cognitive, behavioral, and biological approaches to health psychology. Appreciated by instructors -- and accessible and appealing to a wide-range of students, including non-majors -- this classic text features a concise writing style, ample pedagogy, and numerous visuals.

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For over 20 years, Brannon and Feist's HEALTH PSYCHOLOGY: AN INTRODUCTION TO BEHAVIOR AND HEALTH has remained a leader in the field of health psychology for its scholarship, strong and current research base, and balanced coverage of the cognitive, behavioral, and biological approaches to health psychology. Accessible and appealing to a wide-ranging student audience--including non-majors--this reader-friendly text has enjoyed enduring success. Instructors and students alike will appreciate the concise writing style, ample pedagogy, and visual program in this classic approach to the teaching and learning of health psychology. Now extensively updated to reflect the latest developments in the field, the new Seventh Edition features a stronger emphasis on diversity, additional information on complementary and alternative medicine, coverage of the latest research and cutting-edge technology, and new real-world examples selected for their interest and relevance to today's students. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Health psychology: an introduction to behavior and health.

For over 20 years, HEALTH PSYCHOLOGY: AN INTRODUCTION TO BEHAVIOR AND HEALTH has remained a leader in the field of health psychology for its scholarship, strong and current research base, and balanced coverage of the cognitive, behavioral, and biological approaches to health psychology. Accessible and appealing to a wide-range of readers, this classic book features a concise writing style, ample pedagogy, and numerous visuals to support your learning and understanding. The Eighth Edition is updated to reflect the latest developments in the field, and includes many new real-world examples selected for their interest and relevance. Available with InfoTrac Student Collections <http://gocengage.com/infotrac>. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Gender: Psychological Perspectives synthesizes the latest research on gender to help students think critically about the differences between research findings and stereotypes, provoking them to examine and revise their own preconceptions. The text examines the behavioral, biological, and social context in which women and men express gendered behaviors. The text's unique pedagogical program helps students understand the portrayal of gender in the media and the application of gender research in the real world. Headlines from the news open each chapter to engage the reader. Gendered Voices present true personal accounts of people's lives. According to the Media boxes highlight gender-related coverage in newspapers, magazines, books, TV, and movies, while According to the Research boxes offer the latest scientifically based research to help students analyze the accuracy and fairness of gender images presented in the media. Additionally, Considering Diversity sections emphasize the cross-cultural perspective of gender. This text is intended for undergraduate or graduate courses on the psychology of gender, psychology of sex, psychology of women or men, gender issues, sex roles, women in society, and women's or men's studies. It is also applicable to sociology and anthropology courses on diversity. Seventh Edition Highlights: 12 new headlines on topics ranging from gender and the Flynn effect to gender stereotyping that affects men Coverage of gender issues in aging adults and transgendered individuals Expanded coverage of diversity issues in the US and around the globe, including the latest research from China, Japan, and Europe More tables, figures, and photos to provide summaries of text in an easy-to-absorb format End-of-chapter summaries and glossary Suggested readings for further exploration of chapter topics Companion website at www.routledge.com/cw/Brannon containing both instructor and student resources

Revised edition of the author's Gender, 2015.

The success of this best-selling text lies in the author's belief that a good text talks with, rather than at, its readers. Shaffer does an extraordinary job of anticipating students' interests, questions, and concerns while treating them as active participants in the process of learning about social and personality development. The Sixth edition of SOCIAL AND PERSONALITY DEVELOPMENT features clearly written, current coverage of social and personality development that aids students in discovering the causes, processes, and complexities that underlie developmental change. Students learn why biological and environmental factors, contextual factors such as cross-cultural, familial, neighborhood, school, and peer-group influences cause change in children. Shaffer also explores the approaches that researchers use to test their theories and answer important questions about developing children and adolescents. This book's effective coverage of field research stands out from other texts not only for its accuracy and currency, but because Shaffer consistently juxtaposes classic research with the latest breakthroughs in a way that helps students appreciate how knowledge builds on earlier findings. This edition features a much stronger emphasis on cultural influences on development. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

"Gender: Psychological Perspectives "examines the behavior, biology, and social context in which both women and men function." "Research and scholarship form the basis of this book, providing the material for a critical review and an overall picture of gender from a psychological perspective. To accent the relevance of research findings in vivid detail, Brannon supplements the review of scholarly research with personal, narrative accounts of gender-relevant aspects of people's lives. Brannon also highlights the cross-cultural perspective of gender by including a section on diversity in each chapter, as well as weaving diversity issues throughout the text. Highlights of the Fifth Edition Includes more coverage of men and men's issues, striving for a better balance of women's and men's issues. New chapter organization moves the discussion of gender stereotypes to the third chapter to allow it to act as a framework for the book. Examination of implicit stereotyping also has been added. Includes more than 600 new references and 12 updated headline stories, as well as several new "According to the Media" and "According to the Research" boxes. Includes more research on ethnicity and cross-cultural issues, both in the "Considering Diversity" sections and throughout the chapters. Includes several studies on brain imaging, some that reveal gender differences and others that fail to do so.

Ed Sarafino and Timothy Smith draw from the research and theory of multiple disciplines in order to effectively demonstrate how psychology and health impact each other. The newly updated 9th Edition of Health Psychology: Biopsychosocial Interactions includes a broader picture of health psychology by presenting cross-cultural data. Furthermore, international examples are also included to further explore the psychologist's perspective of health issues around the world and highlight what works in the field. The psychological research cited in the text supports a variety of behavioral, physiological, cognitive, and social/personality viewpoints. An emphasis on lifespan development in health and illness is integrated throughout the text.

Noted for its fair and equal coverage of men and women, Psychology of Gender reviews the research and issues surrounding gender from multiple perspectives, including psychology, sociology, anthropology, and public health. Going far beyond discussions of biological sex and gender identity, the text explores the roles that society has assigned to females and males and the other variables that co-occur with sex, such as status and gender-related traits. The implications of social roles, status, and gender-related traits for relationships and health are also examined. The text begins with a discussion of the nature of gender and development of gender roles, before reviewing communication and interaction styles and how they impact our friendships and romantic relationships. It concludes with an exploration of how gender influences both physical and mental health. New to the 6th Edition: Emphasis on the intersectionality of gender, considering it as a part of wider social categories such as race, ethnicity, social class, and gender identity Recognition of the increasingly prevalent view that gender is nonbinary Extended coverage of LGBTQ individuals, their relationships, and their health Expanded discussions of key issues including gender-role strain, gender fluidity, women and STEM, parenthood, balancing family and work demands, online communication, and sexual harassment Accompanied by a comprehensive companion website featuring resources for students and instructors, alongside extensive student learning features throughout the book, Psychology of Gender is an essential read for all students of gender from psychology, women's studies, gender studies, sociology, and anthropology.

To truly understand the interconnections between psychology and health, one must take a look at the whole person. That's why Sarafino's thoroughly updated sixth edition examines the dynamic interplay of biological, psychological, and social factors in people's health.